

# VULLY

## GOURMET COUNTRY ON LAKE MURTEN

Situated opposite the small town of Murten, Vully is the sunny riviera of Lake Murten. Mont Vully is only 653 m high but has magnificent views. The view from its ridge extends over the vineyards and lake to the snow-covered peaks of the Bernese Alps. The villages on the southern slope, from Môtier, Praz and Lugnorre to Guévaux, are traditionally characterised by winegrowing. Where the Romans planted the first vines 2,000 years ago, winegrowers from Fribourg and Vaud now produce excellent wines. The whole of Vully, with 150 hectares of vines or 1% of the cultivated area in Switzerland, is a small, but excellent wine region. At the same time, excellent restaurants await visitors in search of culinary delights. The nearby 'Grosses Moos' is regarded as the vegetable garden of Switzerland. Fertile land was created after the course of the inshore waters was corrected twice (1868–1891 and 1962–1972). Around 60 types of vegetables are now grown here. Regional wine, fish and

vegetables: no wonder Vully is reputed to be gourmet country.

It is best to approach Vully slowly. The journey from Murten with the scheduled boat is particularly relaxing. Trails with spectacular views as well as the vineyard path await walkers and hikers in Vully. Historians and families can visit the Vully sandstone caves above Môtier. This system of defensive tunnels was excavated by the Swiss army during World War I, and is now a fascinating area to explore. Remember to bring a torch!

And last but not least, the Lake Murten Region is also the birthplace of 'Veloland Schweiz', the best network of cycling paths in the world, and other innovative cycling projects like the 'slowUp' events. A cycling tour around the lake, 33 kilometres on predominantly flat terrain, is an enjoyable way to spend the day. There are also boat cruises for those who prefer a more leisurely pace. >>



## VULLY WINES



**Enjoyment** – On the vineyard path between Sugiez and Môtier, visitors can sample the subtle Chasselas, fruity Pinot Noir and the Traminer and Fribourg specialities. These are the star grape varieties grown on this sun-drenched vineyards. With its 150 hectares, Vully is the smallest of Switzerland's major winegrowing regions. Over Pentecost weekend, all winegrowers open their cellars to visitors. In September, Praz hosts the Vully Grape Harvest Festival. A visit to a winery is an interesting experience (advance booking required) >>

## CULINARY HERITAGE



**Regional speciality** – Vully Tart is part of the culinary heritage of Switzerland. This delicious tart is a must at regional festivals and it is extremely popular with a glass of white wine. Anni Simonet from Le Petit Château winery in Môtier, for example, serves freshly baked Vully Tart with a wine tasting or with an aperitif, speckled with bacon and caraway seeds or with caramelised sugar baked into the handmade 'love wells'. Visitors can buy Vully Tart at the Guillaume bakery in Sugiez. >>

## FOOD AND HIKE



**Gourmet country** – The 'Route gourmande du Vully' (29 June 2024) and the 'Balade gourmande' (20 July 2024) walking tours are a must for anyone who loves food. A chance to take in the beautiful scenery and sample regional specialities like the famous Vully Tart. >>

## GUIDED TOURS OF VULLY



**À la carte** – In just under two hours, expert guides share their impressive knowledge and a few anecdotes besides. There is something for everyone, whether it is village architecture, the vineyard trail, the botanical trail or the historical trail. There is also the opportunity to visit the Celtic oppidum, the Vully sandstone caves and the World War II military bunker. The adventure is concluded with a glass of wine or a meal in a typical restaurant on Mont Vully – the ideal occasion to discuss burning questions about Vully with the guide. >>

## KEY DATES

- 558 B.C.** First mention of Vully ('Vistilius') and first vines are cultivated by the Romans
- 2011** First intercantonal AOC winegrowing region (Fribourg and Vaud)
- 2019** Awarded the 'Prix d'encouragement de la Poste pour le sentier historique'

## IN NUMBERS

- Population:** 4,433 inhabitants
- Languages:** French 56%, German 30%
- Altitude:** 431 m