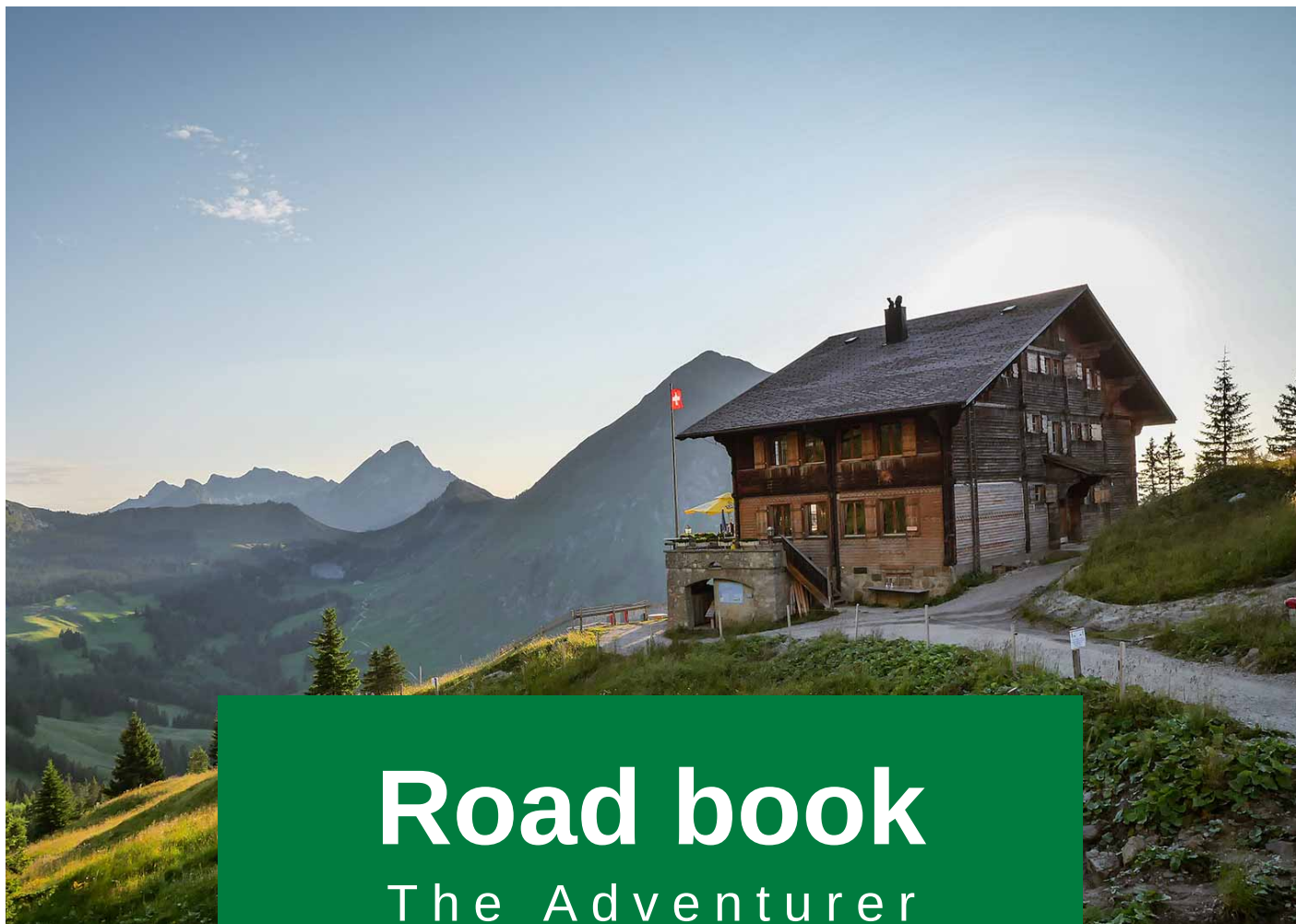




Road book

The Adventurer

LA GRUYÈRE



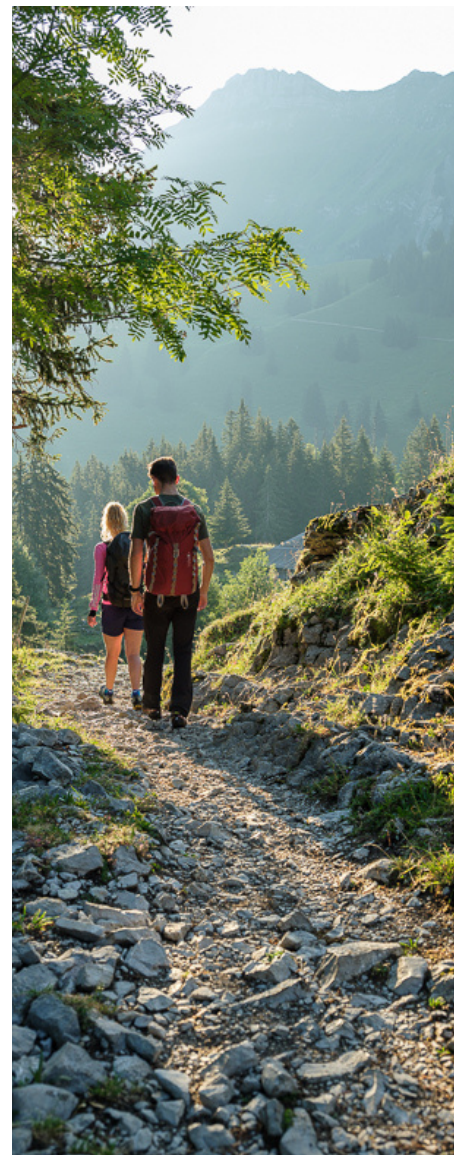
The Adventurer

Embark on a journey to discover La Gruyère!

This three-day trek takes you through the Fribourg Pre-Alps and invites you to explore the stunning landscapes around Charmey, Jaun, and the Gastlosen.

Your travel guide includes the following information:

- General information
- Transport
- Complete itinerary
- Day-by-day hiking profile
- Contact for booking your overnight stays
- Contact La Gruyère Tourisme



How do I get to the starting point?



The hike starts at the Charmey cable car station "Les Charrières 3, 1637 Val-de-Charmey".



If you are coming by car, there is a large parking lot at the Bains de la Gruyère. Be sure to park in the "communal parking" area. The drive takes about 20 minutes from Bulle.



Take the train from Bulle to Broc-Village, then bus number 260 direction "Jaun, Bergbahnen". The journey from Bulle to the bus stop "Charmey Corbettaz" takes 20 minutes.



Check out the bus timetables online!



Trekking day 1

Day 1



Start Charmey



2 - 3h



10.68km



223 m / 72m

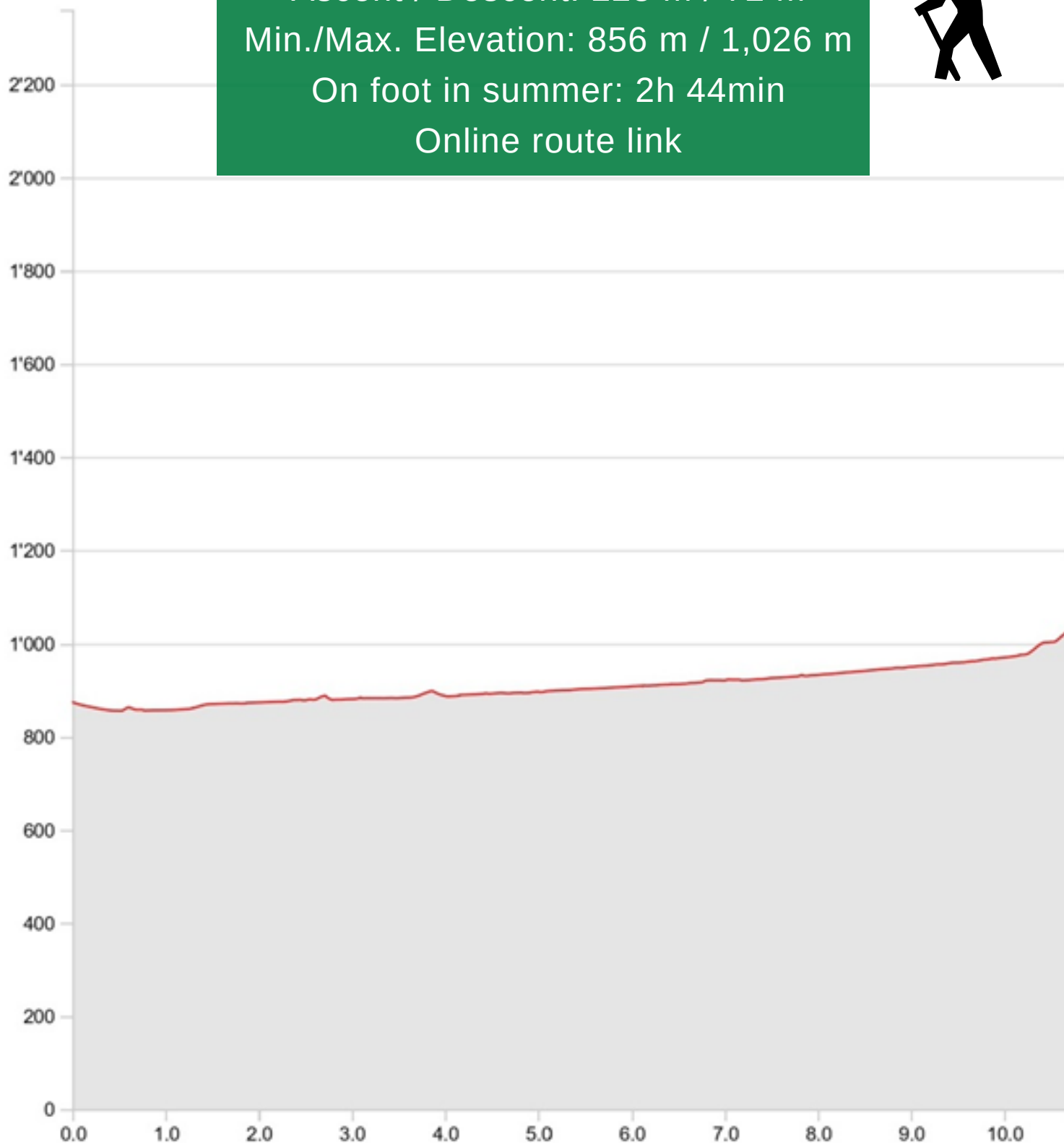


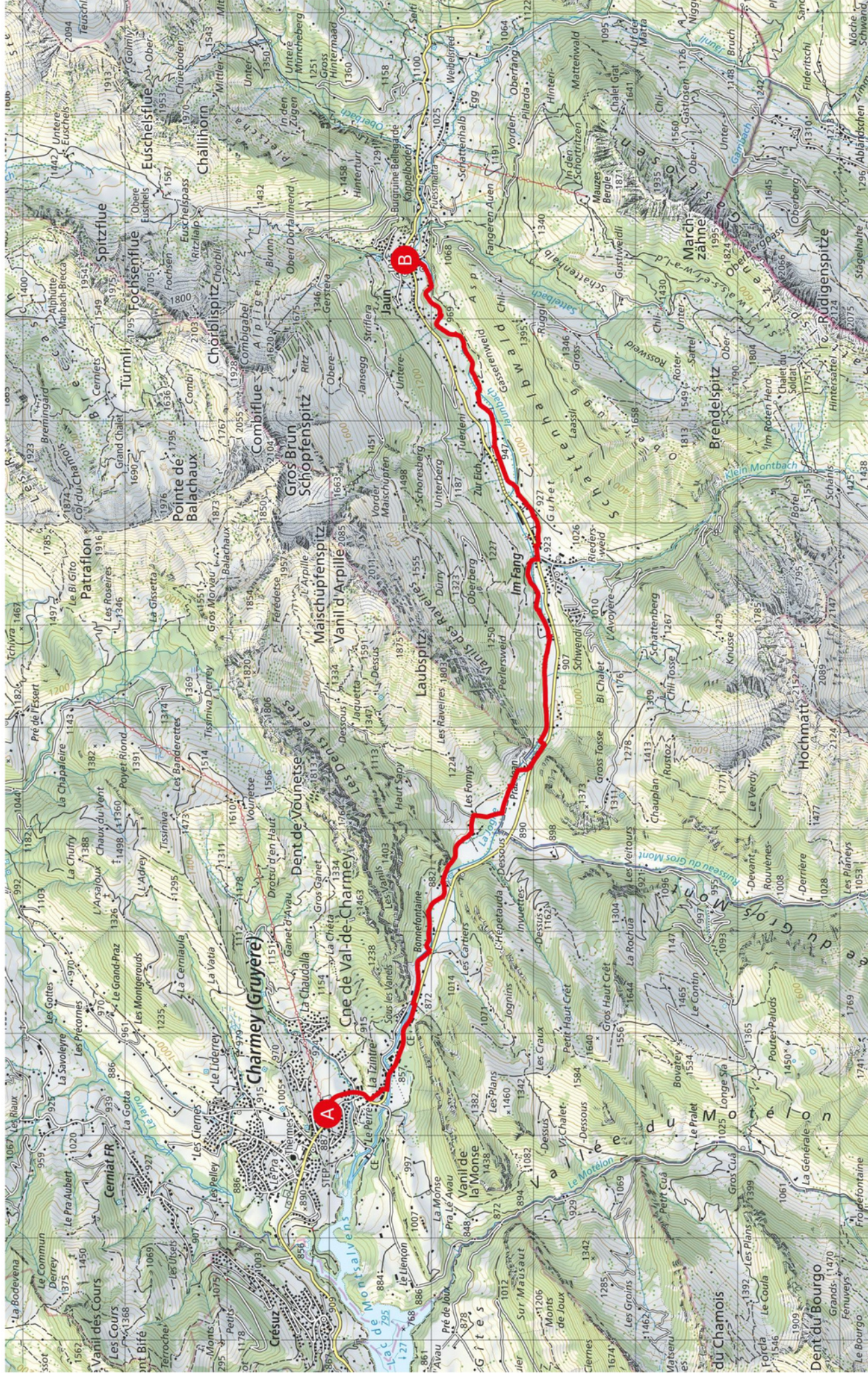
Hotel Wasserfall in Jaun



Day Profile 1

Length: 10.68 km
Ascent / Descent: 223 m / 72 m
Min./Max. Elevation: 856 m / 1,026 m
On foot in summer: 2h 44min
[Online route link](#)





Hotel Wasserfall



Your hotel for the first night:

Hotel Wasserfall

Hauptstrasse 411

1656 Jaun

+41 (0)26 929 82 06

info@hotelwasserfall.ch



Trekking day 2

Day 2



Départ Jaun



4 - 5h



9.45km



1'144 m / 422m



Chalet du Soldat



Profil day 2

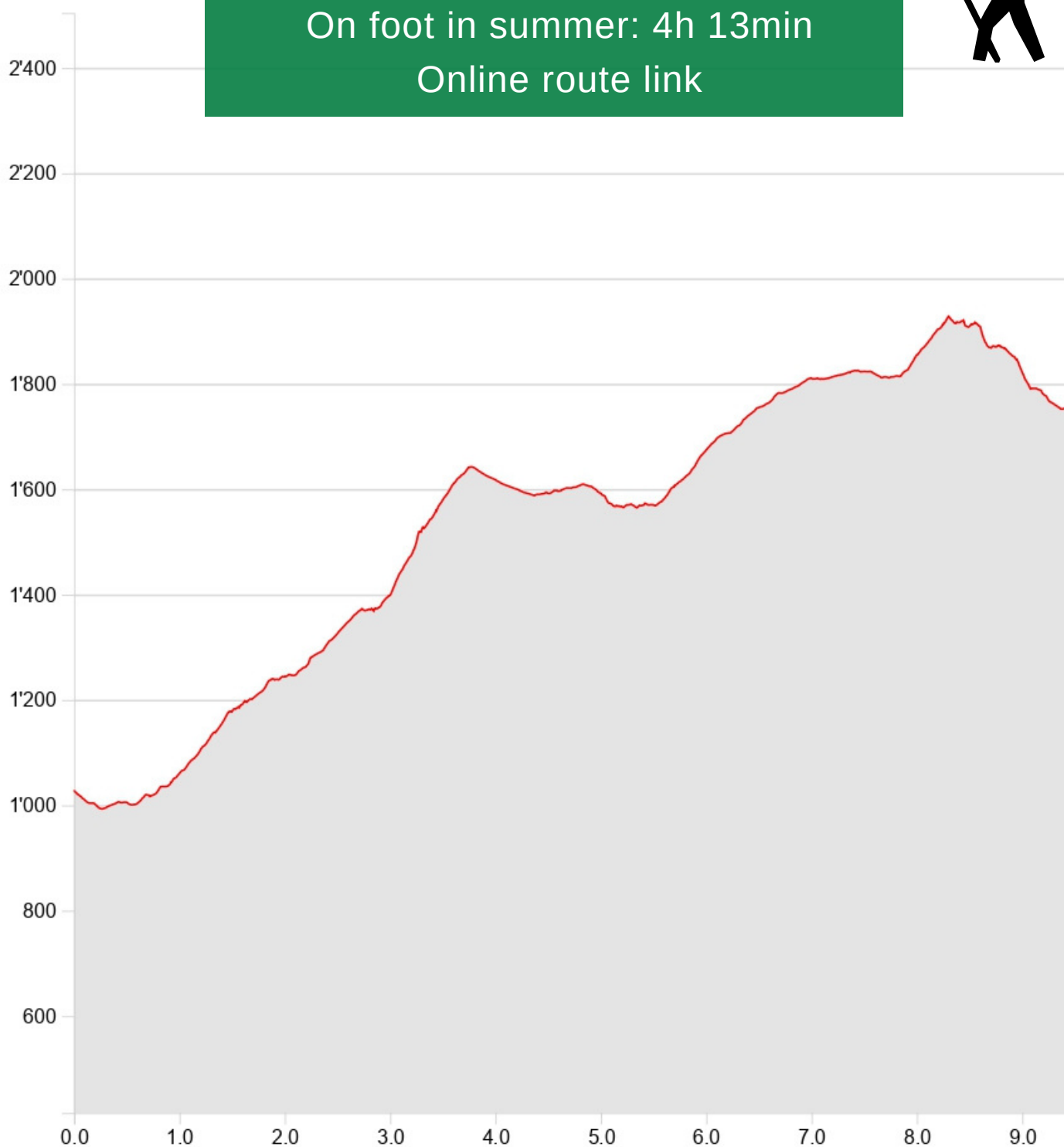
Length: 9.45 km

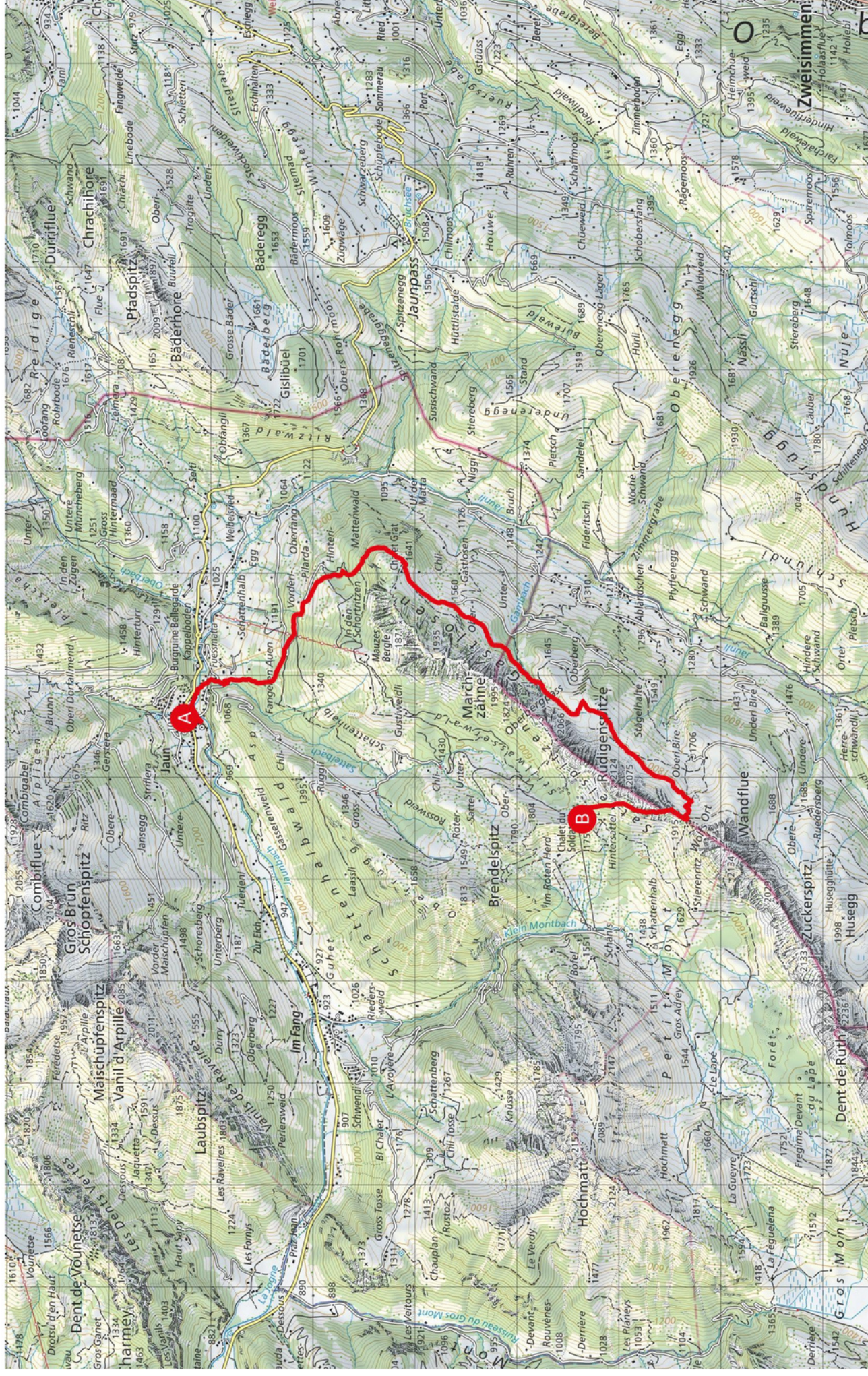
Ascent / Descent: 1,144 m / 422 m

Min./Max. Elevation: 993 m / 1,928 m

On foot in summer: 4h 13min

[Online route link](#)





Chalet du Soldat



Your accommodation for the second night:

Chalet du Soldat

1656 Jaun

+41 (0)26 929 82 35

info@chaletdusoldat.ch



Trekking Jour 3

Jour 3

 Start from Chalet du Soldat

 5 - 6h

 18.91km

 464m / 1'340m

 Arrival in Charmey



Profil Day 3

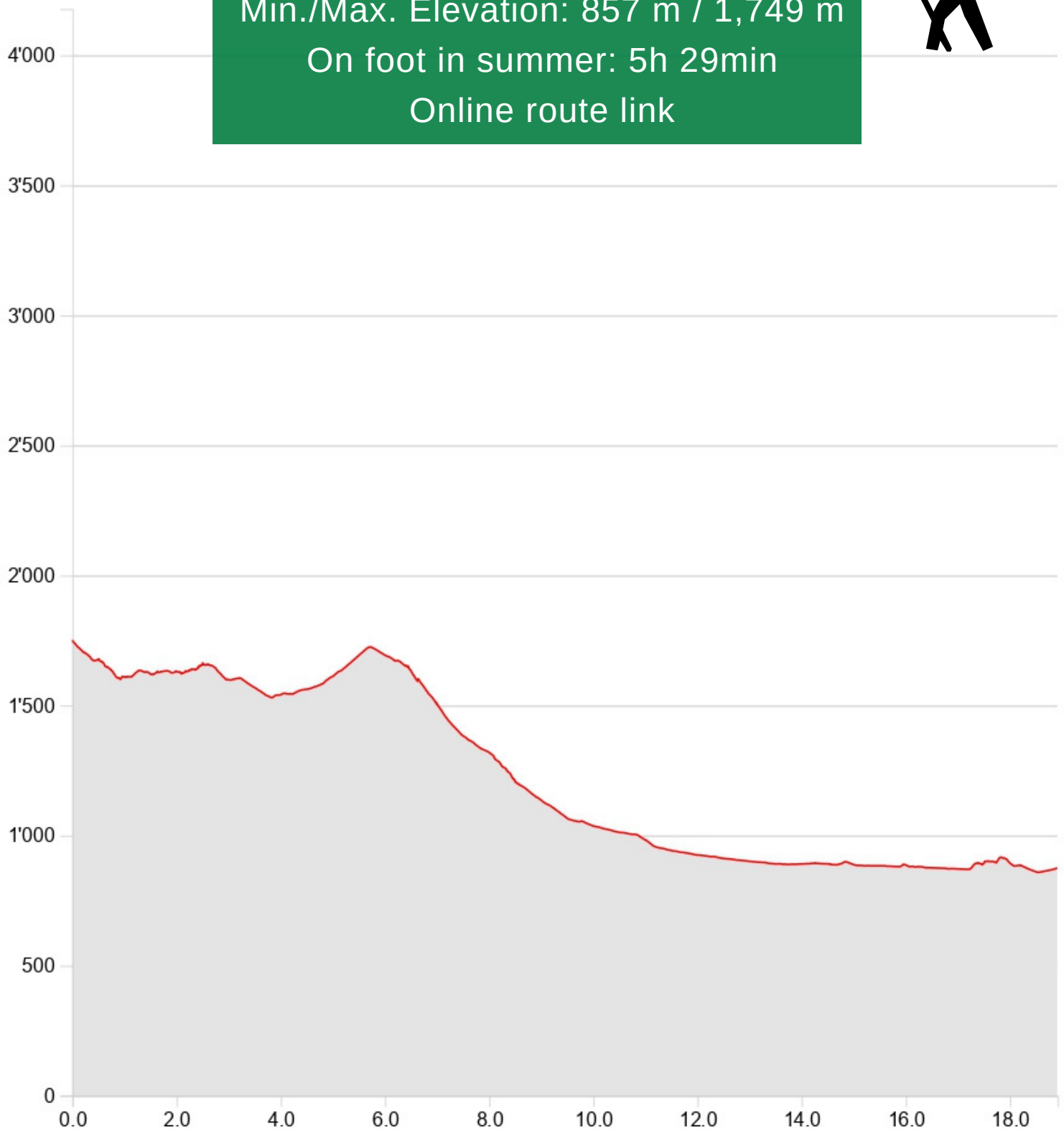
Length: 18.91 km

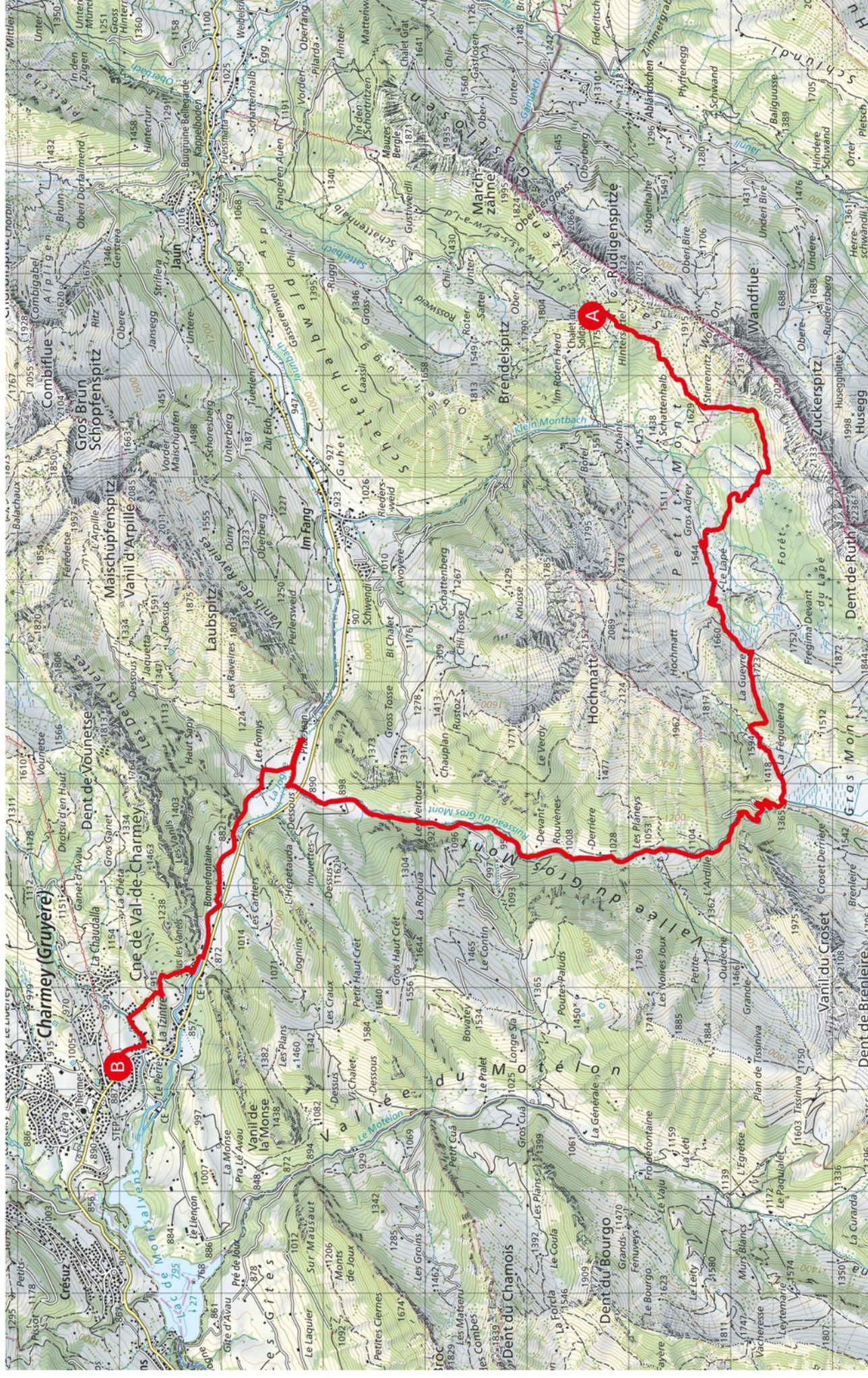
Ascent / Descent: 464 m / 1,340 m

Min./Max. Elevation: 857 m / 1,749 m

On foot in summer: 5h 29min

[Online route link](#)





La Gruyère Tourisme



La Gruyère Tourisme wishes you a pleasant hike and a wonderful stay in La Gruyère!



Feel free to share photos and videos of your adventure in La Gruyère and tag us on social media.



@lagruyere



@RegionLaGruyere



For more information about the region!

LA GRUYÈRE



La Gruyère Tourisme

Place de la Gare 3

1630 Bulle

+41 (0)26 919 85 00

info@la-gruyere.ch

Opening hours: 09:00 - 18:00

We are at your service 7 days a week.

