

# Welcome

## to Schwarzsee



© UFT/FTV

**Between mountains, forests and water  
– the heart of the Senseland.**

**Arrive. Breathe. Feel at home.**



© UFT/FTV

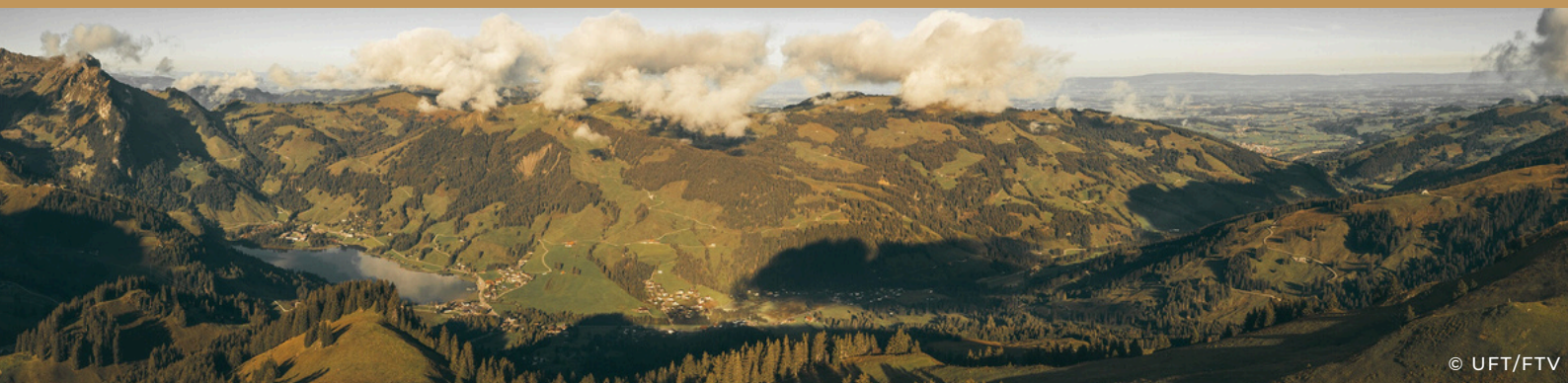
Welcome to the Schwarzsee-Senseland – a place that touches heart and soul.

Sometimes, all it takes is fresh mountain air, a smile and a view across the lake to feel at home – we wish you an unforgettable stay.

## About the place

Your holiday home is perfectly located in beautiful Schwarzsee, surrounded by mountains, forests and fresh alpine air.


Shops, restaurants, and the lake are just a few minutes away – everything you need for a relaxing stay.





© UFT/FTV


# Meet your host

Schwarzsee-Senseland Tourism

 info@schwarzsee-tourismus.ch

 [www.schwarzsee.ch](http://www.schwarzsee.ch)

 +41 (0) 26 412 13 13


 +41 (0) 79 247 39 74

**SCHWARZSEE**  
region **SENSE**



 117


Police

 118

Fire brigade

 144

Ambulance

 1414

REGA (helicopter)





## EMERGENCY CONTACT INFORMATION


Hospital HFR Freiburg

Chemin des Pensionnats 2-6


1752 Villars-sur-Glâne

 +41 (0) 26 306 30 00

 +41 (0) 26 418 35 35 Emergency doctor Sensebezirk

 +41 (0) 26 419 11 34 Medical practice Senseoberland

 +41 (0) 26 419 16 16 Dental practice Plaffeien

 +41 (0) 26 419 28 28 Pharmacy Plaffeien Drugstore

 +41 (0) 26 419 23 83 "Chrütterhäx" Plaffeien

# Check-In

## CHECK-IN TIME AT 4:00 PM

We kindly ask you to arrive and check in in person at the Schwarzsee-Senseland tourist office during opening hours, if possible.

If you are arriving outside of opening hours, please contact us at least 48 hours in advance, thus we can provide you with access to the key box on time.



# Check-Out

## CHECK-OUT TIME AT 09:30 AM

Please return the keys to the Schwarzsee-Senseland tourist office.

Should the tourist office be closed upon your departure, please contact us 48 hours prior to departure so that we can send you a code for the key box.

Thank you for your stay!

# House Rules

## **NO SMOKING**

Smoking is strictly prohibited in all indoor areas.

## **NO PETS**

Pets are not allowed, unless explicitly agreed in writing.

## **ONLY REGISTERED GUESTS**

Only registered guests are permitted to stay in the property.

## **RESPECT QUIET HOURS**

Please respect the quiet hours from 10 p.m. to 6 a.m.

## **NO PARTIES AND CELEBRATIONS**

Please note that parties and celebrations are not permitted.

## **REPORTING DEFECTS AND DAMAGES**

Defects and any damages caused must be reported to the tourist office immediately.

## **WASTE DISPOSAL**

Please make sure all waste is disposed properly.

## **YOUR CHOSEN HOLIDAY HOME**

Please note the additional rules in your selected accommodation.

# ...good to know

- **Tap water** is drinkable (and delicious).
- Do not leave the windows open for a prolonged period of time due to the (cold/hot or wet) weather outside.
- Washing machine, laundry rack, clothes iron, ironing board is either in the apartment or - if you have an urgent need - you can ask at the Hotel Hostellerie am Schwarzsee (they have a laundry service).
- Rubbish can only be disposed of in the official yellow rubbish bags provided by the municipality of Plaffeien. Individual **rubbish bags** can be purchased at our tourist office.
- Many mountain huts require cash. There is an **ATM** at the Schwarzsee Gypsera bus stop.
- A **tourist tax** will be charged during your stay in Schwarzsee-Senseland. This contribution helps to keep the region lively, properly maintained, attractive and easily accessible. The revenue goes directly toward the maintenance of hiking trails and mountain bike routes, information and services for guests, events, and tourist infrastructure, which you will benefit from during your stay. The tourist tax will be collected by your host – thank you for contributing to quality assurance and sustainable development in our region.

## shopping facilities



Right in Schwarzsee, you will find the Volg store, which supplies you with fresh food and the most important products for your daily needs.

Address: Schwarzseestrasse 205, 1716 Schwarzsee

For an even wider range of products, you will find further shopping facilities in nearby Plaffeien, such as Migros, Coop, and Denner, as well as a bakery and butcher's shop.

# Waste disposal



**SCHWARZSEE**  
region **SENSE**

We kindly ask you to dispose your waste at the Mösli container house on the day of departure.

You can dispose of green waste (compost) and glass there as well.

➔ Schwarzseestrasse 105,  
1716 Schwarzsee

The collection point for waste paper and cardboard is located at the collecting point Rufenene in Plaffeien.

➔ Rufenen 2, 1716 Plaffeien

More information



Mösli container house



Tourist office

# Getting Around

## PUBLIC TRANSPORT

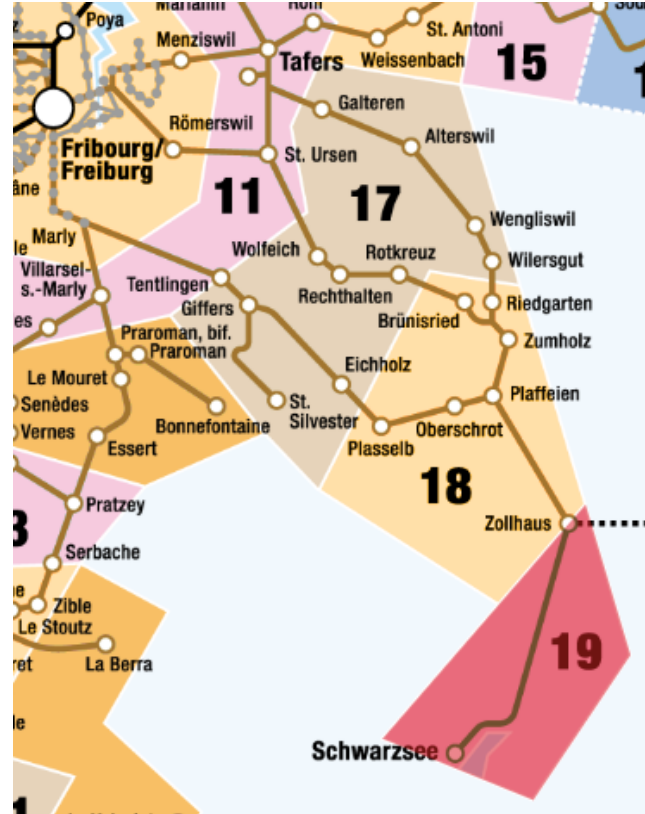
### Free travel in zone 19

You can travel free of charge within zone 19 on bus routes 123 and 125.

Important:

This free offer is only valid within zone 19 between Zollhaus and Schwarzsee.

If you are traveling from or to another zone, please purchase a ticket.



You can find the current timetable here:



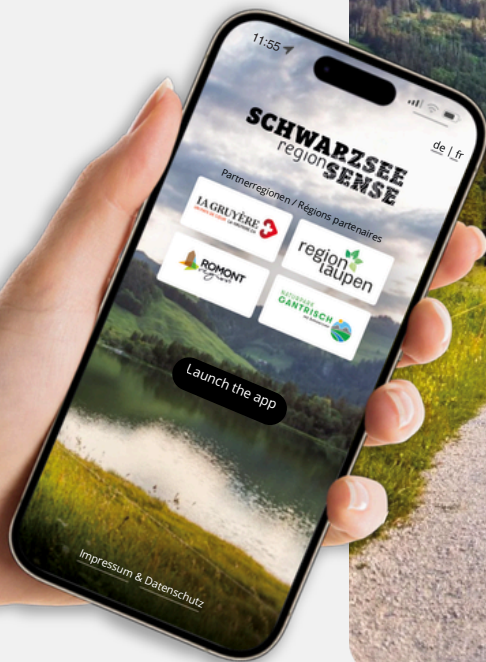
# Schwarzsee App

**SCHWARZSEE**  
region **SENSE**

**SCHWARZSEE**  
region **SENSE**

We're excited to  
welcome you— enjoy  
exploring our region!

## Your adventure starts now!



No installation needed

Free to use

Stay perfectly informed



[app.schwarzsee.ch](https://app.schwarzsee.ch)

# Things to do



© Switzerland Tourism / Nicole Schäfer

## Hiking and walking

Breathtaking views and quiet paths accompany you through the region. Whether mountain hiking, lake tours, the Galterntal valley, the Grandfey bridge, or the Sinn- & Klangweg trail —enjoyment of nature is guaranteed.



© UF1/FTV

## Out and about on your bike

Experience nature, feel the speed and discover new paths.

Bike routes, cycling tours, flow trails and the pump track in the Sense district offer riding fun for all levels.



© Switzerland Tourism / Nicole Schäfer

## Happiness by the lake

Water, sun, and mountain panorama —the perfect mix for active and relaxing moments. Lake Schwarzsee invites you to enjoy stand-up paddleboarding, pedalo riding, swimming, or fishing.



© Switzerland Tourism / Nicole Schäfer

## Minigolf, Golf, Disc-Golf

Playful moments and outdoor fun await you in the Schwarzsee region. Enjoy minigolf, practise your swing on the golf court, or discover disc golf through peaceful forest paths—active, relaxing and perfect for all ages.



## Ball sports

Whether badminton, tennis or squash — in Schwarzsee and the surrounding region you'll find plenty of ways to burn off energy — indoors or outdoors.

# Things to do



© Beo Funpark

## Bad weather trips

For bad weather conditions, Schwarzsee region offers plenty of indoor activities. From the Seisler Museum for culture lovers to the Beo Fun Park for children, as well as indoor pools, cinemas and crime fiction fun — there's something for everyone.



© Switzerland Tourism / Nicole Schärer

## Animal experiences

Discover friendly farm animals: Visit a goat farm, enjoy time with horses, or explore the area on a llama trekking tour — fun encounters for all ages.



© Pascal Gertschen

## More outdoor activities

Enjoy the panorama while paragliding, climbing, tobogganing, or on a monster scooter ride. A visit to the Magdalena Hermitage, carved into sandstone cliffs, is also well worth it.



© Pascal Gertschen

## Witch path - Summer & Winter

With magic and enchantment, this playful trail brings local legends to life in every season. In summer, seven mystical stories accompany you around the lake - in winter, you can help rediscover the lost winter sparks. For the full experience, get yourself a Häxesäckli.



© Dragonfly

## Solar boat on lake Schiffenen

Enjoy a peaceful ride on the solar-powered d'Grandfey as you glide across the Schiffenensee. During the trip, you discover impressive landscapes shaped by the 1964 dam and learn about the cultural gems along the shore.

# Things to do



© Switzerland Tourism / Lorenz Richard

## Ice skating

Cleared ice fields provide space for ice hockey on the lake and ice skating on natural ice. Please note that you enter the ice at your own risk and that the lake is only accessible when the ice is thick enough.



© Pascal Gertschen

## Cross-country skiing

Breathtaking views, wide open landscapes, sunshine, and long distances—the Gantrisch cross-country skiing area is popular with competitive athletes. There you will find 45 km of classic trails and 45 km of skating trails.



© Upperview Productions / UFT/FTV

## Ski & Snowboard

Enjoy perfectly groomed slopes and a beautiful mountain panorama in this family-friendly ski area. With chairlifts, ski lifts and varied pistes, plus reliable snowmaking and a ski school, winter fun is guaranteed for all ages.



© www.juvimages.ch

## Snowshoeing & winter hiking

Peaceful hiking trails through snow-covered forests and enchanting winter landscapes in the Schwarzsee region – whether on marked snowshoe routes or easy winter hiking trails. Here you can experience pure tranquility and the beauty of the Alps.



© Upperview Productions / UFT/FTV

## Sledging

Fun downhill runs on the Riggisalp, with a safe sledge hill for families during the day and a 4 km illuminated slope for night sledging. Race down the mountain under the stars and round off the experience with a cosy fondue at the Bärghuus Restaurant – the adventure.

# Things to do



© Nicole Schärer photo & film

## Legends and fairy tales

Discover the region's stories in different ways: the Hansjoggeli play world and the Vreneli trail bring the famous tale of Vreneli of Guggisberg to life, while themed paths such as the Witch path reveal even more local legends and folklore.



© Raphael Zano

## Naturpark Gantrisch

A nearby escape into wild forests, deep gorges and stunning views. Explore scenic trails like the Gäggersteg, the Brecca valley or routes around Lake Schwarzsee — nature at its best between Bern, Thun and Fribourg.



© Anette Huber

## Agritourism

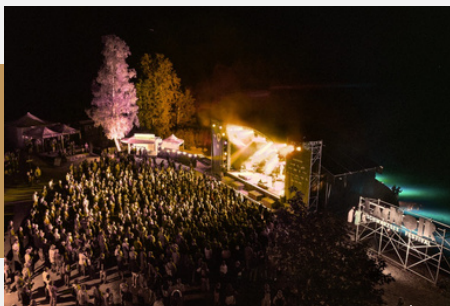
Stay on working farms, in cosy alpine huts or historic grain stores, and enjoy relaxing wellness moments in the countryside — authentic rural life at its best.



© UFT/FTV

## Traditions

From the festive alpine cattle descent to the Alpine wrestling festival, the 1st of August celebration and the Bärgeeseft — local traditions fill the year with music, food and community spirit.



© UFT/FTV

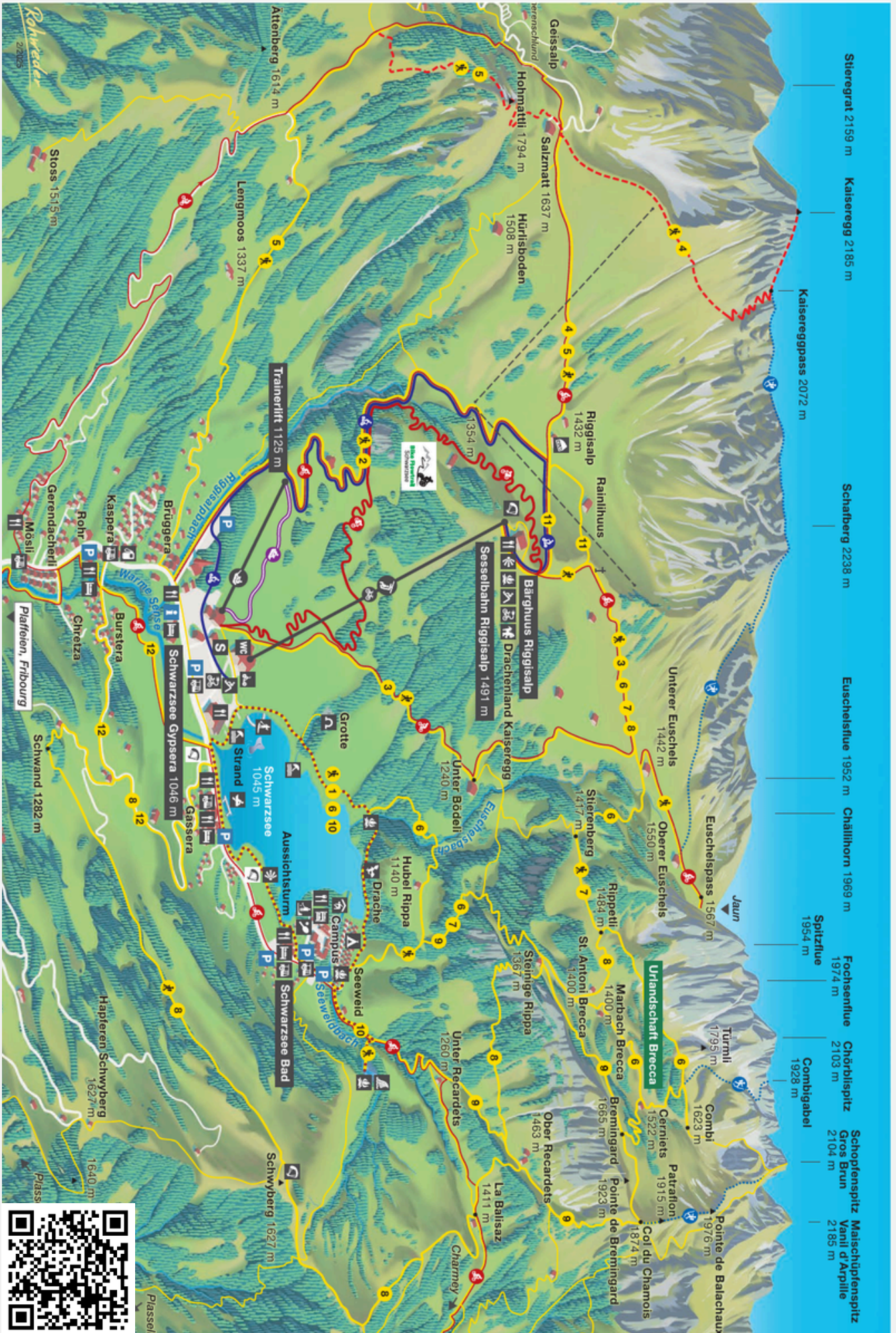
## Events

Schwarzsee and the surrounding region offer many events throughout the year.

Scan the QR code to get an overview of all current events.



# Summerplan



# Winterplan

- 1 Riggsalp blau
- 2 Riggsalp rot
- 3 Riggsalp FIS-Piste
- 4 Trobenerfl-Platz
- 5 Bodenlitt-Platz
- 6 Oberweg-Platz
- 7 Kaiseregg blau
- 8 Trobenerfl-Platz Kaiseregg
- 9 Piste d'entrainement
- 10 Kaiseregg rot
- 11 Kaiseregg schwarz
- 12 Sischalgebände
- 13 Ecole de ski
- 14 Nachskifahren
- 15 SIA nocturne
- 16 Nachtschitbahn
- 17 Luge nocturne
- 18 Schitbahn
- 19 Luge
- 20 Winterwanderweg
- 21 Sentier hivernal
- 22 Seerundweg
- 23 tour du lac
- 24 Riggsalp (1h)
- 25 Eispalaste
- 26 points de glace
- 27 Schneeschuhtrail / Sentier raquettes à neige
- 28 Sportgeschicht
- 29 Magazin de sport
- 30 Skiservice
- 31 Service des skis
- 32 Eispalaste
- 33 palais de glace
- 34 Zaubertropfen
- 35 Tapis magique
- 36 Pistes mit Schneekanonen ausgestattet
- 37 Pistes équipées de canons à neige
- 38 Wildruhezone
- 39 Zone de repos pour la faune



Stieregral 2159 m  
Kaiseregg 2185 m  
Kaisereggpass 2072 m  
Scharburg 2238 m  
Eusechshue 1952 m  
Chailhorn 1969 m  
Spitzru Fochsenhue 1954 m  
1974 m

# Best restaurants

**SCHWARZSEE**  
region **SENSE**



© Agence Parallèle

## Cafe Déjà vu

Schwarzseestrasse 212, 1716 Schwarzsee

## Gasthof zum Goldenen Kreuz

Hauptstrasse 4, 1716 Plaffeien

## Hirschen Gastro Pub

Dorfstrasse 2, 1716 Plaffeien

## Hostellerie am Schwarzsee

Seestrasse 10, 1716 Schwarzsee



© Pascal Gertschen

## Hotel Restaurant Bad

Seestrasse 89, 1716 Schwarzsee

## Restaurant Bärghuus-Riggisalp

Gypsera 231, 1716 Schwarzsee

## Restaurant fein und sein

Schwarzseestrasse 158, 1716 Schwarzsee

## Restaurant Gypsera

Gypsera 235, 1716 Schwarzsee



© UFT/FTV

## Restaurant "Jailhouse" Rohr

Schwarzseestrasse 143, 1716 Schwarzsee

## Restaurant Mösli

Mösli 80, 1716 Schwarzsee

## Restaurant SchwarzseeStärn

Gypsera 1, 1716 Schwarzsee



© Christophe Sönzlegger



Find more gastronomic offerings in the canton here



Information about mountain huts can be found here

# Sensler recipes

TO TRY AT HOME

**SCHWARZSEE**  
region **SENSE**

## Seisler Brätzele

**Ingredients for approximately 80 pieces:**

- 1 liter sour cream
- 2 tbsp salt
- 1 tbsp sugar
- 750 g flour

**Preparation of Seisler Brätzele:**

1. Mix sour cream, salt and sugar in a bowl.
2. Quickly mix in the flour and knead into a firm dough until it reaches the consistency of sponge cake batter.
3. Leave the dough to rest in a cool place for a few hours.
4. Form finger-thick rolls 30 cm long.
5. Form 5 mm thick "Tradel" (rolls) from the dough or roll out the dough to a thickness of 5 mm, cut into strips and form long ovals. Place two "Tradel" crosswise on the pretzel iron and bake until light brown.

Enjoy your own  
Seisler Brätzele!



## Älplermagronen

### Ingredients for 4 people:

- 250 g Freiburger Hörnli" pasta / macaroni
- 250 g grated Gruyère AOP cheese
- 600 g potatoes
- 200 g white onions
- 2 tbsp flour
- 200 g smoked bacon
- 50 g butter
- 2 dl double cream
- 600g apples
- 1 dl apple juice
- 3 tbsp sugar
- 1 cinnamon stick
- a pinch Salt
- a pinch Pepper
- a pinch nutmeg



### Preparation of the dish:

1. Place the apples, apple juice, sugar, and cinnamon stick in a pot and bring it to a boil. Cover and cook the apples for 10-15 minutes until they're soft.
2. Cook the potatoes and pasta together in plenty of salted water. Drain them and let them dry. Layer them with the cheese back into the hot pot or into a preheated dish.
3. Season the cream and pour it over the pasta.
4. Fry the bacon.
5. Cut the onions into rings and coat them in flour. Fry them in hot butter until they are crispy. Spread the onions and bacon over the pasta and serve the dish hot (for a vegetarian version, you can simply leave out the bacon). Serve with the apple sauce.

Enjoy!

## Sensler-style rösti

### Ingredients for 4 people:

- 8 potatoes
- 1 finely chopped onion
- 200 g smoked bacon cubes
- 2 tbsp salt
- 50 g rapeseed oil

### Preparation of the dish:

1. Boil the potatoes and leave them to cool completely.
2. Peel the potatoes and grate them to produce fine potato strips.
3. Heat the oil in a frying pan. Slowly fry the onions.
4. Add the bacon and potatoes, season with salt and stir several times at the beginning (vegetarian version: without bacon).
5. Fry the rösti on both sides until golden brown.

Enjoy!





© Aurele Nicolet

We hope you feel completely at ease in the Schwarzsee-Senseland. Enjoy the peace, the nature and the little moments that make your stay special. We're happy to have you – welcome to your home away from home.

*Enjoy your stay!*